Marriage-content

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SUBJECT: A Strong Marriage: Trust Each Other

Trust is a loaded word, isn’t it?

Trust is important in all relationships, but it is especially important in a marriage.

Here’s today’s *Timeless Marriage Tip*:

**In order to have a great marriage, you must trust your spouse—and vice versa.**

Trust takes time to build. Let’s look at some things you can do to build trust with your spouse:

* Do what you say you will do.
* Be where you say you will be.
* Speak the truth—all the time.
* Do not try to hide actions or words; own up to anything you need to.

When you have your spouse’s best interests at heart, you’ll do and say things that will build trust between the two of you.

If trust has been broken—and this can happen in a heartbeat!—then don’t despair. Trust can be built back again! But it takes time and effort. Decide today to build trust with your spouse and then keep it strong by the things you do and say.

Here’s to a better marriage,

ADD NAME