Marriage-content

20

SUBJECT: Finding the elusive work/life balance...

Finding a balance between work responsibilities and home life can be challenging.

Ever felt like you’re trying to keep all the plates spinning in the air—but are constantly dropping things left and right?

You’re not alone—this is a tough topic for married couples. You might feel resentful of your spouse for working so much, or you might BE the spouse that is working too much.

Here’s today’s *Timeless Marriage Tip*:

**To find a good work/life balance for your marriage, you must communicate with your spouse about it on a regular basis.**

This might look like a weekly meeting to discuss the upcoming week’s assignments and responsibilities. It might look like a yearly getaway to make a plan for how your work will fit in with your life. What it looks like is less important than just sitting down and starting the conversation with your spouse.

Clear communication on a regular basis about work/life balance can help head off a whole host of problems in this area!

Here’s to a better marriage,

ADD NAME