Marriage-content

23

SUBJECT: Saving Your Marriage: Avoid Emotional Attachments

NOTE: This email is for both sexes, but I admit that it probably applies more to women than to men.

As a married person, you look to your spouse for emotional support—and rightfully so. The person you’re married to makes you feel special; that’s probably one of the reasons you married him or her in the first place!

This part of marriage is both a blessing and a curse—when things are going well, when you are getting that emotional support and feeling that connection, then WABAM!—all is good. But when things are a little disjointed, when that emotional support and connection are slipping a bit, there can be a problem.

And turns out it can actually be a really big problem.

Here’s today’s *Timeless Marriage Tip*:

**If you want to have a strong marriage, don’t allow yourself to form emotional attachments to members of the opposite sex other than your spouse!**

If you find yourself feeling flattered by something your boss says to you—more flattered than you should feel—take heed. If you catch yourself dressing in a way that you think might please someone other than your spouse, watch out.

Guard yourself from unhealthy emotional attachments—your marriage will be the better for it.

Here’s to a better marriage,

ADD NAME