Marriage-content

26

SUBJECT: Be Thankful!

Sometimes it’s tough to be thankful for the ones closest to us.

Ever been there?

It’s so easy to take our spouses for granted, to overlook the things they do every single day to make our lives better.

Here’s today’s *Timeless Marriage Tip*:

**Being thankful for your spouse—and expressing it!—can lead to greater intimacy in your marriage.**

I know I feel so loved when my spouse thanks me for things I’ve done around the house and for the family. I also feel loved when my spouse thanks me for just being me.

Here are some starter statements to help you express gratitude to your spouse today:

* “Thank you so much for cleaning up the \_\_\_\_\_.”
* “Thank you for being so \_\_\_\_\_. I just love that about you!”
* “Thank you for taking care of the \_\_\_\_\_. I know that took a lot of your time.”
* “Thank you for loving me by \_\_\_\_\_. I feel so close to you when you do that!”

Being thankful will not only help your marriage—it will also help you as an individual! We’re all happier when we feel and show gratitude.   
  
Let’s be thankful today!

Here’s to a better marriage,

ADD NAME