Marriage-content

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SUBJECT: A Love Project: Change

It’s hard to change. Well, at least that’s the case for me. Change doesn’t come easily, and it doesn’t happen overnight.

Chances are good that there are probably some things—or at least one thing—about yourself that your spouse would like you to change.

It could be a negative attitude. Or it might be overspending. Maybe it’s a lack of helping out with the kids or the chores or the dog. Whatever it is, it has probably created some tension in your marriage.

Today’s the day to help make it better!

Here’s today’s LOVE PROJECT assignment:

**Think of one thing about yourself that bugs your spouse. Commit to working on changing that thing, and tell your spouse that you are going to work on being different in that area!**

Now, you can imagine the result if you make a promise to change and then don’t even try. If you’re going to make a commitment, make it real and follow through! Change is tough, but you can do it. Enlist others to help you if needed.

Your spouse will feel loved by your dedication to bettering yourself!

Here’s to a better marriage,

ADD NAME