Meditation-content

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**SUBJECT: Give Up Your Old Ways, <firstname>. Time For The Truth To Rise!**

If you want to advance on your personal path of spirituality, then you’re going to have to eventually give up your old ways. You see, people only have a finite number of years to get the recipe for spiritual success correct. We are encouraged to grow and advance. We are designed for that exclusively!

In order to meet new levels of practice and living, you have to see yourself progressing from what you used to be. You need to define what you are to become - and then intentionally go about bringing that vision to fruition.

Once you were led by lustful passion, danger and the need to stand out in a crowd. Now, you see that there is more light in personal solitude than in societal servitude.

When you choose that it is your time to advance on your chosen path to spirituality, whatever path that may be, you’ll need to open up with yourself and decide exactly how much you want it. You’ll have to give up your old ways - and that’s the tough part. Namaste.