24. SUBJECT: Boredom Busters: Make Something to Wear

I’m not really a person who likes doing crafts. Glitter, though pretty, makes me crazy. So do projects that require a lot of glue. My kids may be traumatized by the lack of crafting in our family!

But occasionally I do rise to the craft challenge and make something with my kids.

One time that stands out in my memory is when we made t-shirts.

I bought some inexpensive t-shirts, a package of fabric pens, and then asked the kids to draw a favorite family activity on each shirt. It was a lot of fun to see what they came up with!

And presto! We got a homemade record of our fun family memories: shirts the kids could wear.

Here’s today’s *Tip for Modern Parents*:

**A great way to beat boredom is to create something together with your kids.**

It doesn’t have to be a shirt—it can be anything, really. The point is to make something together, something that helps you remember good family times. And the good news? You don’t even need to use glitter!

Onward to better parenting,

ADD NAME