29. SUBJECT: Communication 101: Put Away Your Agenda

As adults, we wake up each day thinking about what we must accomplish during daylight hours. We usually have multiple lists going detailing what we’ve got to get done.

I know for me it’s very, very easy to get distracted by my own agenda.

Unfortunately, my agenda and good communication with my kids do not work well together.

Here’s today’s *Tip for Modern Parents*:

**In order to have good communication with our kids, we’ve got to put aside our own agendas.**

In practical terms: I’ve got to be willing to talk with and listen to my kids at times when it’s quite inconvenient for me.

It never fails: kids want to talk when we’ve got to get dinner on the table, a work project done, a house repair completed. I think you know what I mean.

But if we are to be good at communication, we must put aside our agenda for a time and *focus on our child(ren)*. A bit of inconvenience now is well worth it in the long run.

Onward to better parenting,

ADD NAME