5. SUBJECT: I love you because you’re mine...

When we become parents, we inevitably bring parts of our own childhoods into the mix. Sometimes we do that intentionally—wanting to offer the good parts of childhood to our children (while leaving out the not-so-good parts some of us may have experienced).

Sometimes we might bring things into our parenting that we don’t intend to—they’re just part of who we are as parents because of how we ourselves were raised.

One thing, though, I want to very intentionally bring to my children is this:

**a solid sense of *why* I love them.**

Here’s today’s *Tip for Modern Parents*:

***We love our kids simply because they’re ours.***

Not because of how they perform, or what they bring to our lives, or how smart they are, or how great they look.

**I love my kids because they belong to me.**

Ask your child tonight, “Why do you think I love you?” And then reinforce that you love him or her—just because he or he is yours. You’ll be amazed at what a sense of security this will create in your child. Love with no strings attached is a powerful thing indeed.

Onward to better parenting,

ADD NAME