Promo 14

SUBJECT: Can you protect your family?

When you have kids, one of your top priorities is keeping them safe. That’s tough to do sometimes—even in your own home!

Kids tend to take risks—eating things they shouldn’t, poking utensils into electrical sockets, and climbing to high places!

But what about dangers that are even more sinister?

What would you do if someone broke into your home? Could you protect your family?

If the answer is no, take a look at [this link](http://familyselfdefence101.com/)—it could help save your life and the lives of those you love.

[Family Self Defence 101](http://familyselfdefence101.com/) can teach you how to protect your family in your own home. It doesn’t matter if you are in shape or not—these techniques can be learned by anyone!

Don’t wait—your family’s safety is at stake. Head over to [Family Self Defence 101](http://familyselfdefence101.com/) today to learn how you can arm yourself and keep your family safe and sound.

Onward to better parenting,

ADD NAME