Promo 16

SUBJECT: Don’t let anyone take your child from you!

Parks today are not the same as they were 20 years ago. Back then parents didn’t have to worry as much about people with bad intentions showing up and trying to harm or even kidnap children.

But we live in a different world today—a world in which we must take precautions to keep our kids safe, even at the park or other kid-friendly places.

What can parents do to protect their kids?

Here’s one idea: [learn about self defense.](http://familyselfdefence101.com/) Even if you’ve never taken any sort of martial arts classes or done any training, you CAN learn to effectively defend yourself and your children.

With just a small investment, you can rest assured that you’ll be able to protect your kids in the face of an unplanned attack by a bad person. You don’t have to be a victim—and you can take things into your own hands to keep your kids safe!

Check out [Family Self Defence 101](http://familyselfdefence101.com/) to learn more today! Your kids are counting on it.

Onward to better parenting,

ADD NAME