Survival-content

11

**SUBJECT: Get Your Own Bowl Of Bugs, <firstname>! The Mindset Of An Insect Eater…**

There you are: in a makeshift survival shelter, trying to shield you and your wife from the burning sunshine. There seems to be no flora; no fauna. It looks damn bleak indeed - and you’re both getting very hungry.

You spend the evening hours scouting for anything to eat. Why can’t you find a coconut like on those reality survival shows? Just sit back under a tree and sip coconut milk, awaiting an easy rescue. Nope, not happening - and now you’re really hungry, to the point of feeling like you’re going to pass out without some type of nourishment.

And then, a blessing in disgusting disguise: a group of juicy grubs inside a rotted log. They wiggle as the air and light hits them when you rip a chunk out of the log. They look slimy. You can’t tell right away which end of them is which.

You know you have to eat these bugs. Can you do it? What does it take? This is not an episode of Fear Factor; this is real life survival - and there’s no reward for eating them except your continued life. So eat up!

Stop by XXX and talk about your bugeating capabilities. Sometimes a little protein can go a long way...