Survival

PROMO 16

**SUBJECT: What Are You Going To Do About The Bubonic Plague, <firstname>? I Need Help!**

If you’re like me, you consider yourself to be an individual who is better prepared than most to deal with any survival situations that may arise. I mean, I’m not exactly Les Stroud, but I feel I can hold my own and take care of my family better than some average city slicker who’s never set foot off the concrete.

I study and practice survival techniques. Like you, I actually take the time to practice skills like firestarting, water collection and the like. It’s important to be prepared for whatever you may find assaulting you, be it an act of terrorism, getting swarmed by killer bees or anything else.

But how do you prepare for an assault by an unseen enemy? How do you fight back against a microbe that can kill you and millions of others? You can’t shoot em, stab em or do much else to save yourself once infected.

And THAT is the key to surviving infectious disease and pathogens: you have to anticipate the situation and have a defined protocol in place to [ensure your safety](http://www.survivalmd.org/vsl/index.php?hop=0) against it. True survivalists recognize, and fear infectious bacterium. Its part of our jobs to learn to stay alive when they are thriving. Can you?